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MobileMed is a non-profit Community Health Center serving low-income adults in Montgomery County who are uninsured or have Medicaid.



MobileMed Matters

January-February 2018 Newsletter

This is the third issue of the new MobileMed Matters, a bi-monthly newsletter to keep our community up-to-date on what we're doing and what's in our future.



MobileMed at 50!

We're celebrating our 50th Anniversary this year, so put **October 14** on your calendar! Stay tuned for more details!

MobileMed Moves Forward

Here is a snapshot of MobileMed advances in 2017:

- Served 377 more patients.
- Delivered 2,218 more medical visits.
- Helped 161 more hypertensive patients get their blood pressure under control.

Even as we are pleased with our improvements, we strive to continue to bring high-quality healthcare to more patients and to help our current patients achieve their health goals in 2018.

MobileMed Expands Behavioral Health Services

Did you know that MobileMed offers behavior health services at its fixed-site clinics? The practice of integrating behavior health into the primary care setting has been shown to improve both the physical and mental health of patients. In collaboration with Aspire Counseling, our integrated behavioral health (BH) program provides counseling and related services at four of our clinics.

This year, we are hoping to expand clinical capacity at our East Montgomery County clinic on Briggs Chaney Road from two to three days per week. This planned expansion would not only provide primary healthcare services to an estimated 350 additional low-income patients, but also would enable expansion of our bilingual BH program. Through this program we will be able to screen new patients for depression and anxiety, provide counseling to help patients manage medications and chronic conditions, and ensure that BH patients are monitored on an ongoing basis.



MobileMed has a very diverse patient population. Our patients hail from over 100 countries and from nearly every continent. Of our foreign-born patients, the largest numbers come from El Salvador, followed by Cameroon, Guatemala, Honduras, Peru, Ethiopia, Mexico, Ghana, the Philippines, Brazil, Columbia, Nigeria, and South Korea.

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